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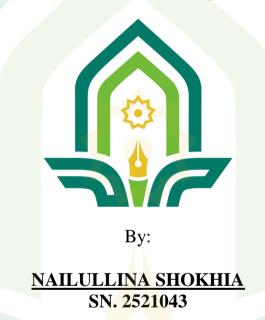


NAILULLINA SHOKHIA

SN. 2521043

A THESIS

Submitted in Partial Fulfillment of the Requirements for the Degree of *Sarjana Pendidikan* in English Education



ENGLISH EDUCATION STUDY PROGRAM
FACULTY OF EDUCATION AND TEACHER
TRAINING STATE ISLAMIC UNIVERSITY
K.H. ABDURRAHMAN WAHID PEKALONGAN
2025

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Dengan ini mohon agar skripsi tersebut segera dimunaqosahkan.

Demikian nota pembimbing ini dibuat untuk digunakan sebagaimana mestinya. Atas perhatian bapak/Ibu, saya sampaikan terima kasih.

Wassalamu'alaikum Wr. Wb.

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MOTTO

إِنَّ مَعَ الْعُسْرِ يُسْرًا

"Surely with that hardship comes more ease"

(QS. Al-Insyirah: 6)

"The capacity to learn is a gift, the ability to learn is a skill, the willingness to learn is a choice"

(Brian Patrick Herbert)

ABSTRAK

Strategi PQRST (Preview, Question, Read, Summarize, dan Test) merupakan salah satu strategi terstruktur yang digunakan untuk mengajar pemahaman membaca. Meskipun strategi ini telah terbukti efektif dalam meningkatkan pemahaman membaca siswa, penerapannya ini seringkali menghadirkan berbagai tantangan bagi guru yang perlu diteliti lebih lanjut. Penelitian ini bertujuan untuk mengeksplorasi praktik guru ketika menggunakan strategi PQRST dalam mengajar pemahaman membaca serta mengidentifikasi tantangan yang mereka hadapi selama proses tersebut. Penelitian kualitatif ini menggunakan pendekatan studi kasus, yang melibatkan dua guru Bahasa Inggris di sebuah Madrasah Tsanawiyah di Batang, Jawa Tengah. Data dikumpulkan melalui observasi, wawancara semi-terstruktur, dan dokumentasi. Hasil penelitian menunjukkan bahwa guru menerapkan strategi PORST melalui lima langkah, yaitu: mempratinjau teks, membuat pertanyaan, membaca untuk mencari jawaban, merangkum informasi penting, dan menguji pemaha<mark>m</mark>an. Namu<mark>n, guru</mark> menghadapi beberapa tantangan dalam penerapannya, seperti keterbatasan waktu, perbedaan kemampuan siswa, dan masalah terkait keterlibatan siswa. Temuan ini menegaskan bahwa meskipun penerapan strategi PORST memiliki potensi untuk mendukung pemahaman membaca siswa, efektivitasnya sangat bergantung pada manajemen waktu, dukungan yang sesuai untuk kemampuan siswa yang beragam, mempertahankan keterlibatan siswa selama proses berlangsung. Penelitian ini memberikan wawasan praktis bagi guru terkait penggunaan strategi membaca terstruktur di dalam kelas.

Kata kunci: Strategi PQRST, mengajar pemahaman membaca, praktik guru, tantangan

ABSTRACT

The PORST (Preview, Question, Read, Summarize, and Test) strategy is one of the structured strategies used to teach reading comprehension. Although this strategy has proven to be effective in improving students' reading comprehension, its practical implementation often presents several challenges for teachers that require further investigation. This study aims to explore teachers' practices when using PORST strategy in teaching reading comprehension and to identify the challenges they face during the process. This qualitative research employed a case study approach, involving two English teachers at an Islamic junior high school in Batang, Central Java. Data were collected through observations, semi-structured interviews, and documentation. The findings indicate that teachers applied PORST strategy in five steps, such as previewing the text, generating questions, reading for answers, summarizing key information, and testing comprehension. However, teachers encountered several challenges in its implementation, including time constraints, diverse student abilities, and student engagement issues. These findings confirm that while the application of PQRST strategy has the potential to support students' reading comprehension, its effectiveness depends on time management, appropriate support for students' varying abilities, and maintaining student engagement throughout the process. This study contributes practical insights for teachers regarding the use of structured reading strategies in the classroom.

Keywords: PQRST strategy, teaching reading comprehension, teachers' practices, challenges

PREFACE

Praise and gratitude are expressed to Allah SWT for His grace and blessings, which have given me guidance, health, and patience to complete my thesis, titled "Teachers' Practices and Challenges in Using Preview, Question, Read, Summarize, and Test (PQRST) Strategy in Teaching Reading Comprehension." It is submitted to fulfill one of the requirements for obtaining the Sarjana Pendidikan degree in English Education Department, Faculty of Education and Teacher Training, UIN K.H. Abdurrahman Wahid Pekalongan. This study can be accomplished due to the support of several people. Therefore, I would like to express my sincerest gratitude to:

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CHAPTER I INTRODUCTION

1.1 Research Background

Reading is the process of understanding meaning from a text (Sulistyo, 2011). Almost every school subject depends on reading, as many learning materials come from printed and digital texts. Mastering reading is essential not only for learning English but also for excelling in any subject that requires reading. Reading involves more than just seeing the text. It entails interpreting the meaning of words, sentences, symbols, and pictures (Sumirat et al., 2019). This makes reading a complex activity, as readers must comprehend everything within the text. The main goal of reading is to understand written texts (Aldiansyah, 2023). Effective reading skills allow students to absorb information and knowledge from sections, textbooks, and references written in English. Thus, reading is a fundamental skill that determines the quality of education and plays a vital role in mastering English.

Reading comprehension is a part of reading activities that refers to the ability to understand, interpret, and analyze the text (Klingner et al., 2007). The purpose is to help students fully understand the text so they can more effectively share their ideas, feelings, and opinions in group discussions during the learning process. Reading comprehension is not limited to understanding the literal meaning of words, it also involves understanding the deeper concepts and integrating new information with existing knowledge (Mene et al., 2021). Effective reading comprehension allows students to extract valuable information, understand complex ideas, and apply what they have learned in various contexts.

Teaching reading comprehension can be challenging for many teachers. Helping students accurately understand a text is often difficult due to the complexity of the material and students' varying background knowledge and cognitive abilities (Febriyanti, 2017). In practice, the teacher still struggles to engage students in reading activities and comprehend texts because they have low reading comprehension skills,

confusion about how to analyze texts, and difficulties in understanding aspects like the main idea or detailed information. Additionally, Septia et al. (2022) note that lack of interest, motivation, and ineffective learning materials often hinder students' engagement. These issues are common during reading lessons, where students might feel bored or disengaged due to less effective teaching methods or unappealing materials.

Teachers need to be creative in their approach to develop students' reading comprehension skills. The success of teaching depends on many factors, and one important factor is the use of effective teaching strategies (Novita & Sirait, 2023). To teach reading comprehension, teachers should use the right approaches, strategies, and techniques that make it easier for students to grasp the meaning of a text (Kasim & Wahyuni, 2016). It is important for teachers to choose methods that match the needs of their students and make learning more interesting. Muslaini (2017) emphasizes that teachers must consider whether the techniques or strategies they use are effective in supporting the teaching and learning process. By doing so, the teacher can create a learning environment that helps students have better reading skills and enjoy the process of learning.

One strategy that has been widely recognized for its effectiveness in reading comprehension is PQRST (Preview, Question, Read, Summarize, and Test) strategy proposed by Thomas and Robinson (1982). PQRST strategy provides a structured approach to reading by guiding students through five systematic steps, such as previewing the text, generating questions, reading for answers, summarizing key information, and testing comprehension (Wormeli, 2005). It can make the reading process more interactive and develop students' reading skills. According to Manurung et al. (2020), this strategy helps students focus on the material, prioritize their learning, and retain information more effectively. The simplicity and structure of the strategy make it easy for students to follow and apply, which can enhance their interest and reading comprehension skills (Turkington, 2003).

Research on the use of PQRST strategy in reading comprehension has been conducted by several scholars. For instance, Sinambela (2023)

analyzed the implementation of PQRST among third-grade students at SMA N 3 Kepahiang. This qualitative study found that the structured steps of the strategy boosted students' confidence, comprehension scores, and efficiency in completing tasks. Additionally, Adiba (2023) explored the use of PQRST with second-grade students at MTs Raudlatul Ulum Jember and identified its effectiveness in increasing students' focus, participation, and understanding of narrative texts. In another study, Fahas and Husaini (2022) applied PQRST in an Islamic junior high school, reporting notable progress in students' narrative text mastery and comprehension abilities. Moreover, Linda et al. (2022) examined PQRST strategy at SMP Negeri 3 Tampaksiring, with eighth-grade students showing progress in identifying main ideas, details, and word meanings, as well as greater motivation and involvement in reading activities.

Although PQRST strategy offers many benefits, its application in teaching reading comprehension faces challenges. Based on brief interviews with two English teachers at an Islamic junior high school in Batang, the researcher found that these teachers used PQRST (Preview, Question, Read, Summarize, and Test) strategy to teach reading comprehension. They knew about this strategy through the English Teacher Working Group, a forum where teachers of the same subject share knowledge, experiences, and teaching strategies and solve classroom challenges. Teachers used this strategy to help students analyze key information, gain a deeper understanding of texts, and assess their reading comprehension. However, teachers also revealed that they faced challenges in using this strategy, one of which is time constraints. Teaching each step of PQRST strategy requires a considerable amount of time, but the existing class schedule often makes it difficult to carry out the strategy thoroughly.

Based on the explanation above, it is important to explore how PQRST strategy is used to teach reading comprehension at an Islamic junior high school, with a particular focus on the practices and challenges teachers face when implementing this strategy. While previous studies have explored the benefits of PQRST strategy for students, there has been limited focus on the challenges teachers encounter during its

implementation. This gap highlights the need for further investigation into the use of PQRST strategy. Therefore, this study aims to investigate teachers' practices and challenges in using Preview, Question, Read, Summarize, and Test strategy in teaching reading comprehension.

1.2 Formulation of the Problem

The study has two research questions as follows:

- 1. How do the teachers practice Preview, Question, Read, Summarize, and Test (PQRST) strategy in teaching reading comprehension?
- 2. What are the challenges faced by teachers when using PQRST strategy in teaching reading comprehension?

1.3 Aims of the Study

Based on the problem formulation above, this study aims to:

- 1. To investigate how teachers practice Preview, Question, Read, Summarize, and Test (PQRST) strategy in teaching reading comprehension.
- 2. To identify the challenges that teachers perceived when using PQRST strategy in teaching reading comprehension.

1.4 Operational Definitions

To avoid misunderstandings and clarify the key terms used in this research, the following definitions are provided:

- 1. Teaching Reading
- 2. Reading Comprehension
- 3. PQRST Strategy

- : An interactive process in which the teacher guides students on how to read and grasp (Dean, 2013).
- : The ability to construct meaning from a text, understand it clearly, and identify detailed information (Clarke et al., 2014).
- : A systemic reading strategy that consists of Preview, Question, Read, Summarize, and Test, which contribute to developing students' reading comprehension and memory retention (Thomas and Robinson, 1982).

1.5 Significance of the Research

There are three significances of the research as follows:

: The 1. Theoretical Use research

contributes to Wormeli's (2005) theory on PQRST reading strategy by highlighting how this strategy is implemented by

teachers in real classroom contexts.

2. Empirical Use : The results of this study offer an

empirical perspective on teachers' practices and challenges in using **PORST** strategy for reading

comprehension instruction.

3. Practical Use : This research provides valuable insights for readers about how

teachers use PQRST strategy in

teaching reading comprehension.

CHAPTER V CONCLUSION

5.1 Summary of the Findings

This study explores teachers' practices and challenges in using PORST (Preview, Question, Read, Summarize, Test) strategy in teaching reading comprehension at an Islamic junior high school in Batang. The findings reveal that in terms of implementation, teachers follow the five steps of PORST strategy, such as previewing the text (guide students to examine the title and picture to build an initial understanding of the text), generating questions (encourage students to formulate questions using the 5W+1H format to arouse curiosity and set a purpose for reading), reading for answers (instruct students to read the text and find answers to the questions previously generated, with support from teachers through translation and the use of dictionaries to understand unfamiliar words), summarizing key information (ask students to summarize the text in their own words to reinforce comprehension), and testing comprehension (assess students' understanding through worksheets containing several questions related to the text). This practice reveal that PQRST strategy can be effectively applied in the classroom when teachers understand and guide each step properly, as it helps students to comprehend texts more deeply.

However, teachers also encounter several challenges in applying PQRST strategy. The most significant challenge is time constraints. Class time is often insufficient to carry out all five steps thoroughly, which requires teachers to adjust or simplify certain steps. Another challenge lies in the diverse student abilities, particularly related to limited vocabulary knowledge in reading and struggles with the process of summarizing the text. This prompts teachers to provide additional support. Lastly, student engagement issues emerge during certain steps, such as reading and summarizing, where some students are less active and reluctant to participate. These findings indicate that the success of PQRST strategy depends on teachers' ability to manage time effectively, provide appropriate support for students' varying abilities, and apply

strategies to maintain student engagement throughout the process. Teachers can create a more inclusive and engaging learning environment that maximizes the potential benefits of PQRST strategy in fostering students' reading comprehension.

5.2 Recommendations

Based on the findings of this study, several recommendations are proposed to support the more effective implementation of PQRST strategy in teaching reading comprehension and to provide valuable guidance for further research.

For teachers, it is important to manage classroom time effectively by selecting appropriate reading texts and allocating sufficient time for each step of PQRST strategy. This ensures that all stages can be completed without being rushed. Teachers are also encouraged to adapt this strategy to students' needs by providing scaffolding, such as giving clear instructions, providing examples, offering vocabulary support, and facilitating pair or group collaboration. Additionally, using engaging materials and interactive classroom resources can help boost students' motivation and encourage active participation during reading activities.

For future resarchers, it is recommended to involve both male and female teachers as participants from various schools to obtain more balanced and comprehensive insights into the implementation of PQRST reading strategy. Further studies may also explore students' perspectives and experiences when using this strategy to better understand their motivation, engagement, and learning outcomes. Moreover, comparative research between PQRST strategy and other reading strategies is suggested to identify which strategy is more effective in specific classroom contexts.

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