



**STUDENTS' VOICE OF USING  
CHATGPT IN WRITING RESEARCH  
PROPOSAL: BENEFITS AND  
CHALLENGES**



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**2026**

**STUDENTS' VOICE OF USING CHATGPT IN  
WRITING RESEARCH PROPOSAL: BENEFITS AND  
CHALLENGES**

**A THESIS**

Submitted to fulfill one the Requirement for  
*Sarjana Pendidikan* Degree at English Education

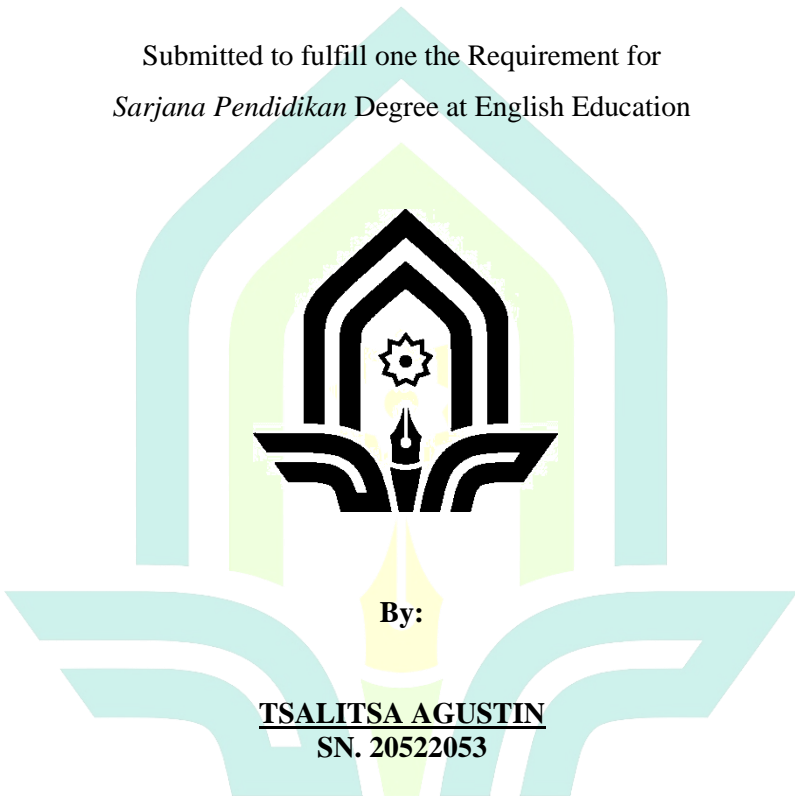


**ENGLISH EDUCATION DEPARTMENT  
FACULTY OF EDUCATION AND TEACHER TRAINING  
UNIVERSITAS ISLAM NEGERI  
K.H. ABDURRAHMAN WAHID PEKALONGAN  
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By:

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Menyatakan dengan sesungguhnya bahwa skripsi ini adalah benar-benar hasil karya penulis, kecuali dalam bentuk kutipan yang penulis sebutkan sumbernya. Demikian pernyataan ini penulis buat dengan sebenar-benarnya.

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PEKALONGAN

*Assalamu 'alaikum Wr. Wb.*

Setelah diadakan penelitian dan perbaikan, maka bersama ini saya kirimkan naskah

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Proposal: Benefits and Challenges

Dengan ini mohon agar skripsi tersebut segera dimunaqosahkan.

Demikian nota pembimbing ini dibuat untuk digunakan sebagaimana mestinya. Atas perhatian bapak/Ibu, saya sampaikan terima kasih.

Wassalamu'alaikum Wr.Wb.

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Yang telah diujikan pada hari Selasa, 3 Maret 2026 dan dinyatakan LULUS serta diterima sebagai salah satu syarat guna memperoleh Gelar Sarjana Pendidikan (S.Pd) dalam Ilmu Tadris Bahasa Inggris.

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## **MOTTO**

“Kegagalan adalah kunci dari keberhasilan”



## ABSTRAK

*Penelitian ini mengeksplorasi suara mahasiswa terkait manfaat dan tantangan penggunaan ChatGPT dalam penulisan proposal penelitian, dengan berfokus pada ide, perspektif, dan pengalaman mereka. Penelitian ini menggunakan pendekatan kualitatif dengan desain narrative inquiry yang melibatkan tiga mahasiswa tingkat akhir Program Studi Pendidikan Bahasa Inggris yang secara aktif menggunakan ChatGPT selama proses penulisan proposal. Data dikumpulkan melalui wawancara semi-terstruktur dan dokumentasi interaksi mahasiswa dengan ChatGPT, kemudian dianalisis menggunakan teknik analisis tematik. Hasil penelitian menunjukkan bahwa terdapat manfaat dan tantangan dalam penggunaan ChatGPT. Manfaat tersebut mencakup dukungan pembelajaran yang bersifat personal, aksesibilitas sepanjang waktu, bantuan dalam mencari dan memahami referensi, serta peningkatan tata bahasa dan kosakata yang membantu menghasilkan tulisan akademik yang lebih baik. Sementara itu, tantangan dalam penggunaan ChatGPT berkaitan dengan ketergantungan terhadap teknologi, keraguan terhadap akurasi dan keandalan informasi yang dihasilkan ChatGPT, rasa frustrasi akibat jawaban yang berulang atau kurang relevan, serta isu etika seperti risiko plagiarisme ketika menyalin teks AI tanpa parafrase. Penelitian ini menyimpulkan bahwa ChatGPT dapat berfungsi sebagai alat bantu yang bermanfaat dalam penulisan proposal penelitian apabila digunakan secara bijak dan kritis, bukan sebagai pengganti kemampuan analitis dan menulis mahasiswa.*

*Kata Kunci: Manfaat dan Tantangan, ChatGPT, Proposal Penelitian*

## **ABSTRACT**

This study explores students' voices regarding the benefits and challenges of using ChatGPT in writing research proposals, focusing on their ideas and perspectives about its use in the proposal writing process. The study uses a qualitative approach with a narrative inquiry design and involves three final-year students from the English Education program who actively used ChatGPT during their proposal writing. The data were collected through semi-structured interviews and documentation of students' interactions with ChatGPT, and then analyzed using thematic analysis. The findings show that there are both benefits and challenges in using ChatGPT. The benefits include personalized learning support, 24/7 accessibility, help in finding and understanding references, and improvement in grammar and vocabulary that support better academic writing. Meanwhile, the challenges include overreliance on technology, doubts about the accuracy and reliability of the information generated by ChatGPT, frustration due to repetitive or less relevant answers, and ethical concerns such as the risk of plagiarism when copying AI-generated text without paraphrasing. This study concludes that ChatGPT can be a useful tool in writing research proposals if it is used wisely and critically, and it should support students' analytical and writing skills rather than replace them.

**Keywords:** Benefits and Challenges, ChatGPT, Research Proposal

## PPREFACE

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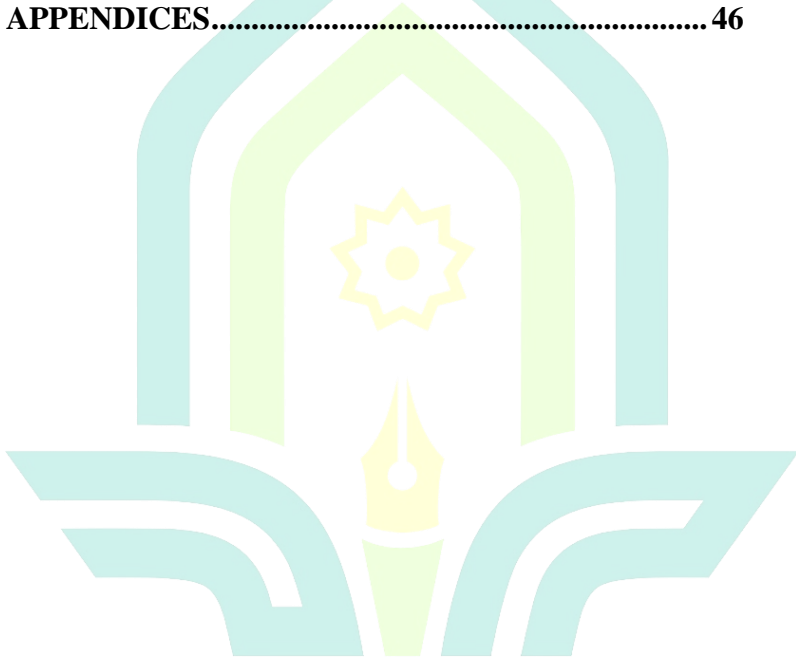
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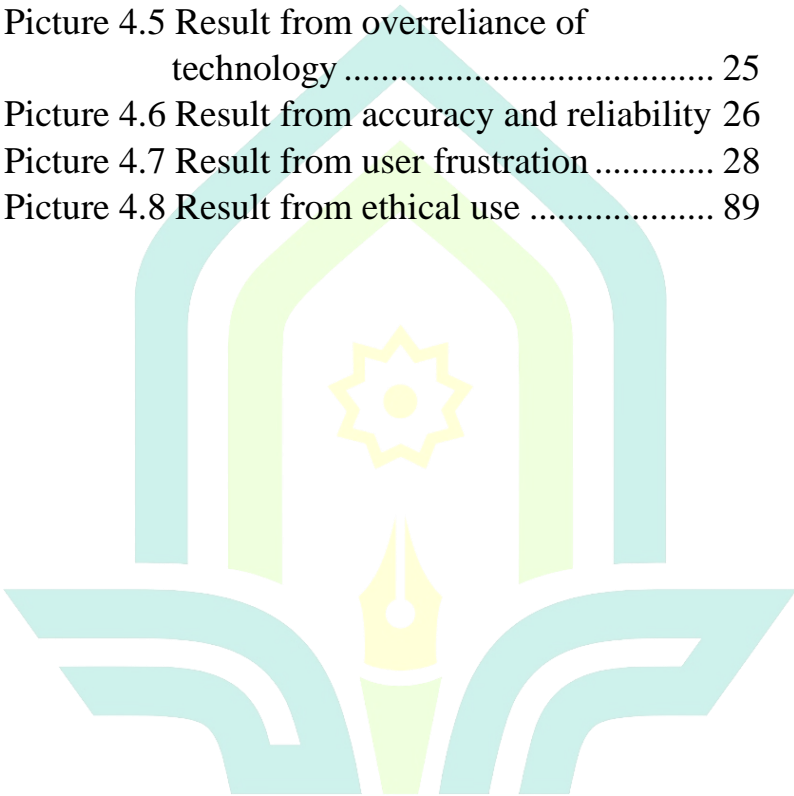
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# CHAPTER I

## INTRODUCTION

### 1.1 Background of the Study

Writing a research proposal can be hard for students because they need to understand the topic and also use correct language and organize their ideas clearly. Likewise, Acheampong (2021) found that many graduate students struggle with identifying research gaps, reviewing and criticise literature, and finding enough evidence to support their proposals, mostly because they do not have enough research materials. These problems show that students need helpful tools or support to make writing proposals easier, which makes it interesting to explore how ChatGPT can help students in writing research proposals understand the topic and also use correct language and organize their ideas clearly. Susanti and Mahaputri (2022) also found that English department students often have trouble with parts of proposal writing, such as making the introduction, explaining related theories and findings, creating the methodology, and using correct grammar, vocabulary, and paragraph structure. This situation clearly suggests that many students still need additional guidance to overcome these recurring writing challenges.

Artificial Intelligence (AI) technology has advanced rapidly and has had significant impacts across various fields, including education. One of the AI technologies that is getting a lot of attention right now is ChatGPT. ChatGPT is a language model created by OpenAI, and it can automatically and interactively create text. This technology offers new opportunities,

particularly in the field of education. One of its benefits is helping students improve their writing skills, especially in academic writing. A study conducted by Sudrajad et al. (2024) found that ChatGPT provides significant benefits for students in academic writing. ChatGPT helps students organize their ideas and speed up the drafting process. In addition, using ChatGPT can improve productivity and the quality of writing by providing clearer and more efficient structure. Because of these capabilities, ChatGPT has increasingly become a valuable tool in various educational settings, including higher education.

The use of ChatGPT in academic writing courses is perceived by students as a helpful tool in supporting their writing development.. This technology can provide instant feedback to students, such as suggesting improvements to their writing. This not only helps students learn faster but also enhances the overall quality of their writing. ChatGPT can act as a virtual assistant, guiding students in understanding learning materials and developing new ideas for their writing. A study by Supriyadi (2024) emphasized that ChatGPT can help students access relevant information and make it easier for them to understand the techniques of academic writing. As a result, students find it easier to finish complex writing tasks when they receive support from AI-based feedback.

In reality, based on initial observations, ChatGPT uses simple and easy-to-understand language that helps students in writing their research proposals. According to Deilen et al. (2023), the quality of texts generated by ChatGPT was examined using criteria such as accuracy, readability, and syntactic complexity, and the findings

showed that the generated texts tended to be easier than standard texts. However, even though it offers many benefits, using ChatGPT also brings several challenges that need attention. One of the main challenges is related to ethics and the originality of the writing it produces. There are also concerns from students, such as feeling less confident in their own writing abilities after relying too much on ChatGPT's suggestions and becoming dependent on it. According to Agunawan et al. (2024), while ChatGPT facilitates access to information and improves time efficiency, a high level of dependence on it may reduce the quality of learning. Therefore, it is important to carry out an in-depth study on students' views about the use of ChatGPT in writing research proposals. These concerns highlight the need for students to balance AI assistance with their own critical thinking and writing skills. The findings of this study are expected to help students consider whether or not they should use ChatGPT when writing their research proposals. Moreover, the results may also offer useful insights for educators and institutions in shaping guidelines for responsible AI use in academic environments.

## **1.2 Formulation of the Problem**

The problem addressed in this study includes

1. What are the benefits of using ChatGPT in writing research proposal?
2. What are the challenges of using ChatGPT in writeing research proposal?

### 1.3 Aims of the Study

Regarding the formulation of the research problems above, this research aims:

1. To find out what are the benefits of using ChatGPT in writing a research proposal.
2. To find out what are the challenges of using ChatGPT in writing a research proposal.

### 1.4 Operational Definition

To prevent any confusion about the terms used in this study, the researcher gives some explanations of the terms related to the study like this:

1. **Benefits:** Benefits are the advantages or positive impacts obtained from an activity or process (Petrella and Jung, 2008).
2. **Challenges:** Challenges are the difficulties, obstacles, or limitations that arise during the implementation of an activity (Petrella and Jung, 2008).
3. **Students' Voice:** Students' voice refers to the active participation of students as agents in their own learning and in decision-making processes within educational institutions (Mockler and Groundwater-Smith, 2015).
4. **ChatGPT:** ChatGPT is an artificial intelligence system that uses a large language model developed by OpenAI (Floridi and Chiriatti, 2020).
5. **Research Proposal:** A research proposal is a written plan that explains what a researcher wants to study. It is written before starting the research and includes details about the problem being studied and the ways to solve it (Vasanthakumari, 2021).

## 1.5 Significance of the Study

There are several significances of this research which include:

1. **Theoretical:** This study supports and develops the Connectivism Theory proposed by George Siemens (2005), which explains that learning occurs through networks that connect humans, technology, and information. The findings of this study strengthen the idea that AI tools like ChatGPT can serve as knowledge bridges, helping students connect ideas, access information, and build meaningful learning networks in writing research proposals.
2. **Empirical:** The study offers empirical evidence on the effectiveness of ChatGPT in improving students' writing skills in academic settings. By employing qualitative methods to explore students' experiences and perceptions, this research adds to the growing body of knowledge on the practical applications of AI in education and highlights the potential challenges and opportunities associated with its use in writing research proposals.
3. **Practical:** This research can serve as a consideration for students in using ChatGPT when writing their research proposals.

## **CHAPTER V CONCLUSION**

### **5.1 Summary of the Findings**

This study aimed to explore students' voices on using ChatGPT in writing research proposals. Based on thematic analysis of interview data and documentation, the findings show that students experienced both positive and negative aspects when using ChatGPT during the proposal writing process.

In terms of positive voices, students found ChatGPT helpful in several ways. ChatGPT supported personalized learning by providing answers that matched students' research topics and needs. Students also valued its 24/7 availability, which allowed them to access help at any time, especially when ideas came suddenly. In addition, ChatGPT played an important role in study assistance, such as helping students find references and understand journal articles through summaries. Students also used ChatGPT for language learning, especially to check grammar and improve vocabulary so their writing sounded more academic.

However, the findings also revealed several negative voices. Students were concerned about overreliance on technology, as frequent use of ChatGPT sometimes made them less motivated to think independently. Issues related to accuracy and reliability were also found, as not all information provided by ChatGPT could be fully trusted. Students also experienced user frustration when ChatGPT gave repetitive or irrelevant answers. Furthermore, ethical use became an important concern, particularly regarding the risk of plagiarism when students copied

answers directly without understanding or paraphrasing.

Overall, the findings indicate that ChatGPT can be a useful tool in writing research proposals if it is used wisely and responsibly. While it offers meaningful support, students still need to maintain critical thinking and academic integrity.

## **5.2 Recommendations**

The researcher provides several recommendations for readers and future researchers, including the following:

1. Students are encouraged to use ChatGPT as a supporting tool rather than a main source. They should use it to help generate ideas, check language, and understand references, while still thinking critically, paraphrasing properly, and verifying information from reliable sources.
2. Future researchers are suggested to explore the use of ChatGPT in other academic contexts, such as thesis writing, classroom learning, or different disciplines. Further studies with more participants or different research methods may provide deeper insights into the role of AI in higher education.

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### **Appendix 3 : CURICULUM VITAE**

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